



FAMILY LEARNING



Workshops to support you!

The First Aid workshop will provide you with how to:

- deal with minor injuries in the home,
- perform a primary survey and CPR and
- prevent accidents both in the home and outside

ADULT ONLY course (babies welcome)

Chelmsford: Chelmsford West Delivery Site, Dixon Ave, CM1 2AQ

Family First Aid	Friday 28 th Feb 2020	12.30-2.30pm
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Braintree: Carousel Family Hub, Chapel Hill, CM7 3QZ

Family First Aid	Wednesday 26 th Feb 2020	9:30-11:30am
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Maldon: Maldon ACL Centre, White Horse Lane, CM9 5FW

Family First Aid	Tuesday 25 th Feb 2020	9:15-11:15am
	Monday 16 th March 2020	1:00-3:00pm

For more information or to book on please call the Essex Child and Family Wellbeing Service on 0300 247 0014 (8am-6pm Monday-Friday)

