# InterAct

#### Welcome

#### to our Activity Programme

If you are aged 8-14 or 15-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme.

#### Book and pay for activities

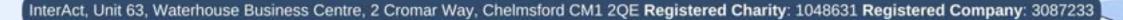
Online: www.Interact.org.uk/book-online QR: Scan the code below to access our booking page



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#### Locations

Chelmsford Colchester Maldon Clacton



Jan - Mar 2025



- 1: SEND Sensation groups
- 2: About us
- 3. Meet the team
- 4. Holiday activities
- 5. Term Time 8-14's Once a month
- 6. Jaywick Twice month age 8-18

- Lexden Springs Every Tuesday age 8-18
- 9. Colchester Every Tuesday age 11-18 (19-25)
- 11. Maldon Every Tuesday age 11-18
- 13. Clacton Every Wednesday age 11-18
- 15. Chelmsford COZ Club Every Friday age 11-18 (19-25)
- 17. Mid Essex Fortnightly Wednesday 8-18



Use our QR code to book online





#### **SEND Sensation**

SEND Sensation is a partnership of locally trusted organisations that promote a level playing field and positive experiences for children and young people with special educational needs and disabilities.



Ages: Under 8 years & 8 – 14 years MID ESSEX: Braintree & Chelmsford NORTH ESSEX: Colchester



**Ages**: 4 - 16 years old (19) **Essex:** Mistley Village hall



Ages: 8 – 14 years & 15 – 18 years MID ESSEX: Braintree, Chelmsford, Maldon. NORTH ESSEX: Colchester &



Ages: Under 8 years & 8 – 14 years MID ESSEX: Braintree & Chelmsford



Ages: Under 8 years & 8 – 14 years North Essex: Colchester MID ESSEX: Maldon & Chelmsford



#### Join in the fun and make friends with InterAct's friendship and leisure activities.

Whether it's a couple of hours at the movies or a whole day at the zoo, our activity programme is bursting with fun things for young people to do, whilst giving parents/carers a break. We support young people to get out and about in the community, make friends, build new skills and try new activities. We offer a full range of evening activities throughout the academic year, based in Chelmsford, Maldon, Clacton and Colchester, whilst day trips during school holidays are wider spread. New InterActors always welcome!

All our activities are for young people who are registered with InterAct, SENDSensation and Essex Short Breaks.

Want to join in? If you are not registered yet, or know someone who would like to join in, please visit our website and download the Registration Form to complete and return. Or just call/email us to have a chat and arrange a 'taster session'.

If you haven't already registered for Essex Short Breaks all you need to do is visit:

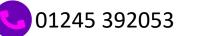
https://eligibility.bookinglab.co.uk/essex/52481/introduction

If you haven't already registered for SENDSensation all you need to do is visit:

https://sendsensation.justgo.com



www.interact.org.uk



youngpeopleteam@interact.org.uk

Unit 63, 2 Cromar Way, Waterhouse Business Centre, CM1 2QE



Please ensure that young people wear **suitable clothing** and are provided with appropriate **food and drink or money** to purchase refreshments, during activities. Please inform staff of any **food allergies or intolerances** before events. Please see our policies at <u>www.interact.org.uk/about-us/safeguarding</u>

Please don't forget to leave us your feedback when booking online. We want you to have your say!

#### Meet InterAct's Young People Team

## InterAct



John Blair CEO **07763 103339** 



Vickie Perkins YPS Manager 07976 781054



Heather Grant Project Support **07495 401766** 



Tina Goodchild Activity Coordinator **07906 363429** 

We have the enthusiasm, commitment, confidence and ability to identify with young people; we are passionate about our work and wish to inspire young people to achieve their full potential. We know from feedback that time spent at InterAct activities makes a positive difference to the whole family.



Heather Grosu Activity Coordinator 07722 043830



Mandy Pond Activity Coordinator 07535 855431



Alexis Filer Activity Coordinator **07506 566841** 



Marie Jarvis Activity Coordinator 07813 582614

#### InterAct's February Half term holiday activities 8-18 years

Date		Activity	Cost	Ref	Minibus Pickups / Meeting points	Additional info
Tuesday 18 Feb	ADVENTURE CENTRE	<b>Stubbers</b> - A day at Stubbers means endless hours spent together, exploring our adventure packed site of giant adventure playgrounds, large climbing towers, discovery trails filled with surprises and den building to set your creativity free	£ 52	HP 517	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Wednesday 19 Feb	EROALD DAHL MUSEUM AND STORY CENTRE	Roald Dahl Museum – Step into a world of wonder and wackiness as we explore the magic of books and celebrate the beloved storyteller, Roald Dahl! Uncover the secrets behind George's marvelous medicine and find out what made a fox truly fantastic!	£31	HP 518	Pick up from Chelmsford CM1 2QE Maldon CM9 6GG Colchester CO4 5UP	Please bring a packed lunch, snacks and drinks
Thursday 20 Feb	<b>CODE NINJAS</b> °	<b>Code Ninjas</b> - Code Ninjas is unlike anything you have experienced before. Every day thousands of our Ninjas enter our Dojos to learn to code and in the process UNLEASH YOUR INNER NINJA!	£20	HP 519	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Friday 21 Feb	BEAR CREEK • ADVENTURE GOLF •	Bear Creek Mini Golf and Yoita Dance – Grab your putter and show off your skills in this wild west mini-golf adventure! Can you score a hole-in-one among saloons, cacti, and cowboy fun? Then, head back to Galleywood Youth Centre for some amazing dance moves from the talented Yoita!	£30	HP 520	Pick up from <b>Colchester</b> CO4 5UP Meet at <b>Chelmsford</b> CM1 2QE	Please bring a packed lunch. Drinks & snacks provided

February holiday activities will be available to book from 23rd Dec .So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are we are able to fill your place. To cancel, please email mail@interact.org.uk Times/info will be sent out via email & text the day before



#### Term Time Activities - age 8-14



All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. **Activity Coordinator** - 01245 392053

Date	Time	Main Activity with other activities available	Cost		Where to meet	Additional info
Monday 20 Jan	6:30pm — 8:30pm	Air dried clay - Let your imagination run wild as you model and pain your creations.	t <sub>£12</sub>	TP 2155	Copford Village Hall <b>Colchester</b> CO6 1BX	Snacks and drinks are provided
Thursday twice monthly	5:30pm — 7:30pm	Feb &MarchdateNew Venue, time & day see InterAct's Facebook or Contactavailable toyoungpeopleteam@interact.org.uk 01245 392053book now	£12	TP 2156	Oak Tree Centre 52 Harwich Rd <b>Colchester</b> CO4 3DH	Snacks and drinks are provided
Monday 20 Jan	6:00pm — 8:00pm	<b>Biscuit decorating–</b> Make a biscuit your way. Make it colourful, make face or even make a flower with some colourful icing.	a <sub>£12</sub>	TP 2157	Church Hall, 19 Vicarage Rd, <b>Chelmsford</b> , CM2 9PH	Snacks and drinks are provided
Monday 17 March	6:00pm — 8:00pm	<b>Pancake celebration</b> - It's always pancake day in our hearts. How do you like yours? Sugar and lemon, maple syrup or just plain chocolate	£12	TP 2158	Church Hall, 19 Vicarage Rd, <b>Chelmsford</b> , CM2 9PH	Snacks and drinks are provided
Tuesday 21 Jan	6:00pm — 8:00pm	Pebble painting - Paint a positive pebble and either keep it for yourse     or leave it around town for others to find	elf £12	TP 2159	Plantation Hall Heybridge <b>Maldon</b> CM9 4AL	Snacks and drinks are provided
Tuesday 18 Mar	6:00pm — 8:00pm	Jigsaw puzzle - Relax into the mid week with a brain teaser and wor as a team to finish a puzzle	k <sub>£12</sub>	TP 2160	Plantation Hall Heybridge <b>Maldon</b> CM9 4AL	Snacks and drinks are provided





#### Term Time Activities - Jaywick Mondays Age 8-18

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All activities are chosen by the young people who attend the group. We meet twice monthly at Inclusion Ventures, 1-7 Broadway, CO15 2EB. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Monday 13 Jan	6:30pm — 8:30pm	<b>D</b>	Sausage and Mash - Bangers and Mash! What could be better? Cook your own.	£3	TP 2161	Inclusion Ventures, 1 Broadway, <b>Jaywick</b> CO15 2EB	Snacks and drinks are provided
Monday 27 Jan	6:30pm — 8:30pm		Science - Prepare to be amazed as we perform various spectacular experiments!	£3	TP 2162	Inclusion Ventures, 1 Broadway, <b>Jaywick</b> CO15 2EB	Snacks and drinks are provided
Monday 10 Feb	6:30pm — 8:30pm		Pizza - Prepare, bake and enjoy!	£3	TP 2163	Inclusion Ventures, 1 Broadway, <b>Jaywick</b> CO15 2EB	Snacks and drinks are provided
			February half term see page 4				
Monday 24 Feb	6:30pm — 8:30pm	$\bigcirc$	Hama Beads- Make a picture with beads and be amazed as they magically fuse together.	£3	TP 2164	Inclusion Ventures, 1 Broadway, <b>Jaywick</b> CO15 2EB	Snacks and drinks are provided
Monday 10 Mar	6:30pm — 8:30pm		<b>Movie Night -</b> Bring your own films, grab the popcorn and settle down to watch your favourites.	£3	TP 2165	Inclusion Ventures, 1 Broadway, <b>Jaywick</b> CO15 2EB	Snacks and drinks are provided
Monday 24 Mar	6:30pm — 8:30pm	S	<b>Cooking -</b> Make your favourite meal or snack and eat with your friends.	£3	TP 2166	Inclusion Ventures, 1 Broadway, <b>Jaywick</b> CO15 2EB	Snacks and drinks are provided





#### Time Activities - Lexden Springs Tuesday Age 8-18

InterAct (

We will be meeting every Tuesday during term time at Lexden Springs School. This club is open to all and not only Lexden Springs School pupils. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity. Activity Coordinator - **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Tuesday 14 Jan	3:00pm — 5:00pm	*	Musical Instruments - Create, decorate and play some tunes!	£12	TP 2167	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 21 Jan	3:00pm — 5:00pm		<b>Diamond Art -</b> Create various beautiful items using this popular craft.	£12	TP 2168	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 28 Jan	3:00pm — 5:00pm		<b>Stained Glass Lantern</b> - Create a wonderful lantern to take home and light up the room.	£12	TP 2169	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 4 Feb	3:00pm — 5:00pm	- Contraction	<b>Chocolate creations</b> - Move over Willy Wonka! Look at these delicious treats!	£12	TP 2170	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 11 Feb	3:00pm  5:00pm	battan Parta	<b>Decorate a bag -</b> Release your inner artist and make a customised tote bag.	£12	TP 2171	Sports Hall Lexden Springs School	Snacks and drinks are provided
			February half term see page 4				





#### Term Time Activities - Lexden Springs Tuesdays Age 8-18



We will ne meeting every Tuesday during term time at Lexden Springs School. This club is open to all and not only Lexden Springs School pupils. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity. Activity Coordinator - **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Tuesday 25 Feb	3:00pm — 5:00pm	N.	<b>Paint a mug</b> - Customise a mug to take home.	£12	TP 2172	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 04 March	3:00pm — 5:00pm	Seed bo	<b>mbs</b> - Create seed bombs to scatter in your garden and watch the beautiful flowers grow in the coming months!	£12	TP 2173	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 11 March	3:00pm — 5:00pm	Fruit K	ebabs– Healthy and Delicious! Will you eat yours or save it to take home?	£12	TP 2174	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 18 March	3:00pm — 5:00pm	NA.	<b>Cards</b> - Create a beautiful card for a loved one.	£12	TP 2175	Sports Hall Lexden Springs School	Snacks and drinks are provided
Tuesday 25 March	3:00pm — 5:00pm	Phot	<b>o frames -</b> Decorate a frame and take it home to add your favourite snap.	£12	TP 2176	Sports Hall Lexden Springs School	Snacks and drinks are provided





#### Term Time Activities - Colchester Tuesdays Age 11-18 (19-25)

The Colchester group meet weekly on Tuesdays in term time.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Tuesday 14 Jan	6:30pm - 8:30pm		Make a candle - Create a fragrant candle to take home or as a gift for a friend or family member.	£12	TP 2177	Venue TBC	Snacks and drinks are provided
Tuesday 21 Jan	6:30pm - 8:30pm	NINJA	<b>Ultimate Ninja UK</b> - Can you complete the course?	£17	TP 2178	Venue TBC	Snacks and drinks are provided
Tuesday 28 Jan	6:30pm - 8:30pm	<b>N</b>	<b>Curry Night</b> - Rustle up a delicious curry and eat with your friends.	£12	TP 2179	Venue TBC	Snacks and drinks are provided
Tuesday 04 Feb	6:30pm - 8:30pm	•••	Bowling Hollywood Bowl - Will you get a strike?	£15	TP 2180	Venue TBC	Snacks and drinks are provided
Tuesday 11 Feb	6:30pm - 8:30pm		<b>Arts and Crafts –</b> Get crafty and create something beautiful to take home.	£12	TP 2181	Highwoods Youth Centre CO4 9BA	Snacks and drinks are provided
			February half term see page 4				







#### Term Time Activities - Colchester Tuesdays Age 11-18 (19-25)

**InterAct** 

The Colchester group meet weekly on Tuesdays in term time.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Tuesday 25 Feb	6:30pm - 8:30pm		<b>Laser Tag</b> - Join your friends and make a team for some friendly Laser Tag fun.	£17	TP 2182	Tenpin Cowdray Way CO1 1YH	Snacks and drinks are provided
Tuesday 04 March	6:30pm - 8:30pm		<b>Pizza Night-</b> It's Pizza night! Come along and make your own Pizza with all your favourite toppings	£12	TP 2183	Highwoods Youth Centre CO4 9BA	Snacks and drinks are provided
Tuesday 11 March	6:30pm - 8:30pm	Harvester	<b>Meal Out Harvester</b> - Meet your friends for a delicious meal.	£7	TP 2184	Harvester 186 London Rd Co3 8NZ	Snacks and drinks are provided
Tuesday 18 March	6:30pm - 8:30pm	·	<b>Cards</b> - Make a card for a loved one.	£12	TP 2185	Highwoods Youth Centre CO4 9BA	Snacks and drinks are provided
Friday 25 March	6:30pm - 8:30pm		<b>Easter Egg Hunt –</b> Have fun searching for chocolate eggs around the centre	£12	TP 2186	Highwoods Youth Centre CO4 9BA	Snacks and drinks are provided







#### Term Time Activities - Maldon Tuesdays age 11-18

InterAct



The Maldon group meet weekly on Tuesdays in term time at Maldon Activity Centre, Carmelite Way, Maldon CM9 5GF All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - **Mandy Pond** 07535 855431

Date	Time	Main Activity with other activities available	Cost		Where to meet	Additional info
Tuesday 14 Jan	6:00pm — 8:00pm	Cupcake Baking - Are you the next Great InterAct Baker? Show off your baking and decorating skills with this cupcake baking.	£12	TP 2187	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 21 Jan	6:00pm — 8:00pm	Collage Art in the style of Matisse - Allow your inner Henri Matisse loose by cutting and sticking colourful shapes to create an amazing piece of art.	£12	TP 2188	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 28 Jan	6:00pm — 8:00pm	Chinese New Year - we will celebrate Chinese New Year by cooking and eating a tasty Chinese meal.	£12	TP 2189	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 04 Feb	6:00pm — 8:00pm	<b>Jigsaw Puzzle Night</b> - the challenge is to complete a 300 piece jigsaw puzzle in 2 hours. Can we do it? Teamwork makes the dream work!	£12	TP 2190	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 11 Feb	6:00pm — 8:00pm	Yarn Wrapping Craft - cut out your initial (or another shape) and wrapit in yarn to make a colourful decoration or Valentine's gift for someonespecial to you.	£12	TP 2191	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
		February half term see page 4				





#### Term Time Activities - Maldon Tuesdays age 11-18

The Maldon group meet weekly on Tuesdays in term time at Maldon Activity Centre, Carmelite Way, Maldon CM9 5GF All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - **Mandy Pond** 07535 855431

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Tuesday 25 Feb	6:00pm — 8:00pm	S	Make a Bird Fat ball - help the local birds survive the cold winter by making fat balls to hang in your garden for them to enjoy!	£12	TP 2192	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 04 Mar	6:00pm  8:00pm		<b>Pancake Day Celebrations</b> - make and add your choice of toppings to some yummy pancakes	£12	TP 2193	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 11 Mar	6:00pm  8:00pm		<b>Board Games Night</b> - choose from a selection of board or card games to play. You can even bring your favourite game from home to play with your friends.	£12	TP 2194	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 18 Mar	6:00pm  8:00pm		<b>Toad in the Hole Dinner</b> - we will combine Yorkshire Pudding and sausages to make a delicious Toad in the Hole dinner to share	£12	TP 2195	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC
Tuesday 25 Mar	6:00pm  8:00pm	MOM	<b>Mother's Day</b> - Decorate a plant pot and plant a spring bulb in it to gift to your mother on Mother's Day	£12	TP 2196	Maldon YC Carmelite Way CM9 5GF	Minibus Dengie 5:30-8:30 Pick up & Drop off destination TBC







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#### Term Time Activities - Clacton Wednesdays Age 11-18

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The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY. All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator — **Marie Jervis** 07813 582614 & **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Wednesday 15 Jan	6:30pm — 8:30pm	Ċ	Chocolate Crispy Cakes - Melt and mix! What's not to like?	£12	TP 2197	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 22 Jan	6:30pm — 8:30pm	1	<b>Bowling</b> - Will you get a strike?	£12	TP 2198	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 29 Jan	6:30pm — 8:30pm	*	<b>Make soap -</b> Melt, pour and add colours and fragrance. Take it home for a relaxing bath.	£12	TP 2199	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 5 Feb	6:30pm — 8:30pm		Movie Night - Bring a film from home, grab the popcorn and relax!	£12	TP 2200	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 12 Feb	6:30pm — 8:30pm		<b>Photo Frames</b> - Decorate a photo frame and put your favourite snap inside.	£12	TP 2201	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
			February half term see page 4				





#### Term Time Activities - Clacton Wednesdays Age 11-18





The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY. All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator — **Marie Jervis** 07813 582614 & **Heather Grosu** 07722 043830

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Wednesday 26 Feb	6:30pm — 8:30pm		Wind Chimes - Listen to the soothing and melodious sounds!	£12	TP 2202	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 05 Mar	6:00pm — 8:00pm		<b>No bake cookery -</b> Create delicious treats without cooking.	£12	TP 2203	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 12 Mar	6:00pm — 8:00pm	CHARNALLIES american themed Restaurant - Bar Coffee House	<b>Meal out at Charnallies</b> - Enjoy a delicious meal with your friends.	£12	TP 2204	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Wednesday 19 Mar	6:00pm — 8:00pm	×	<b>Cards</b> - Create a card for a loved one.	£12	TP 2205	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided
Monday 26 Mar	6:00pm — 8:00pm		<b>Container Gardening</b> - Fill a tub with beautiful spring flowers.	£12	TP 2206	Green Lodge Youth Centre 180 Old Road CO15 3AY	Snacks and drinks are provided





#### Term Time Activities — Chelmsford COZ Club Friday 11-18 (19-25)

InterAct



COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood YC, Watchouse, CM2 8PT. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity. Activity Coordinator — **Mandy Pond** 07535 855431

Date	Time		Main Activity with other activities available	Cost		Where to meet	Additional info
Friday 17 Jan	5:30pm — 8:30pm		Water Marbling Art - design a pattern in water and transfer it onto paper or a wooden ornament	£12	TP 2207	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 24 Jan	5:30pm  8:30pm	ESSEX THERAPY DOGS	<b>Therapy Dog Visit</b> - We will again have one of the wonderful Essex Therapy Dogs visit us for cuddles and fun	£12	TP 2208	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 31 Jan	5:30pm — 8:30pm	3	<b>Chinese New Year -</b> Celebrate Chinese New Year by cooking a Chinese Meal	£12	TP 2209	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 07 Feb	5:30pm — 8:30pm		Cupcake Baking - Bake and decorate your own cupcakes	£12	TP 2210	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 14 Feb	5:30pm — 8:30pm	TO PIECES	Valentine's Day Craft - Make a yarn wrapped decoration and Valentine's Card to give to someone special	£12	TP 2211	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
			February half term see page 4				





#### Term Time Activities — Chelmsford COZ Club Friday 11-18 (19-25)

InterAct



COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood YC, Watchouse Road, CM2 8PT. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity. Activity Coordinator — **Mandy Pond** 07535 855431

Date	Time	Main Activity with other activities available	Cost		Where to meet	Additional info
Friday 28 Feb	5:30pm — 8:30pm	InterAct's Got Talent returns - Tell some jokes, play an instrument, sing a song, juggle whatever your talent is, this is your chance to take to the stage and show it off to your friends!	£12	TP 2212	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 07 Mar	5:30pm  8:30pm	Pancake Day Celebrations - make and add your choice of toppings to some yummy pancakes	£12	TP 2213	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 14 Mar	5:30pm — 8:30pm	St Patrick's Day - on this day of celebrating Irish culture, we will go green by painting our nails green and creating green drinks!	£12	TP 2214	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 21 Mar	5:30pm  8:30pm	Italian Night - Make and enjoy a delicious meal of Spaghetti Bolognese   Night	£12	TP 2215	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided
Friday 28 Mar	5:30pm  8:30pm	Mother's Day Craft - Make a Mother's Day card and decorate a heart shaped wooden filigree wreath	£12	TP 2216	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	Snacks and drinks are provided





#### Term Time Community Activities - Mid Wednesdays Age 8-18

The Mid Community Activity group meet Fortnightly on Wednesdays in term time at Morrisons, Limebrook Way, Maldon CM9 6GG All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - **Alexis Filer** 07506 566841

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 15 Jan	Evening Activity Times TBC		<b>Gaming Arena</b> - Show off your gaming knowledge, Gaming at it's best! Enjoy a team challenge or show off your sharp shooting skills.	£27	TP 2217	Games Arena Newlands House Newland Street Witham Essex CM8 2AP	Minibus Morrisons Maldon
Wednesday 29 Jan	Evening Activity Times TBC	UESTERIO -	<b>Kaspa's and golf -</b> Tee off with a round of crazy golf and treat yourself to a delicious waffle and ice cream afterwards. The perfect combo for fun and flavour!	£33	TP 2218	22 Springfield Rd, Chelmsford CM2 6FA	Minibus Morrisons Maldon
Wednesday 07 Feb	Evening Activity Times TBC		Laser Tag - Aim and fire with this fun indoor laser quest. Once you have built up an appetite, we will be going to McDonalds.	£21	TP 2219	Games Arena Newlands House Newland Street Witham Essex CM8 2AP	Minibus Morrisons Maldon Please bring money for McDonalds
Wednesday 26 Feb	Evening Activity Times TBC	fil	<b>Songs -</b> Indulge in an all-you-can-eat feast at the fantastic Song's! Come hungry and leave happy.	£29	TP 2220	112 Bond St, Chelmsford CM1 1GH	Minibus Morrisons Maldon
Wednesday 12 March	Evening Activity Times TBC	や	<b>Air Hop</b> - how high can you soar? Show off your skills and bounce into the fun at this ultimate trampoline playground.	£28	TP 2221	Dukes Park Industrial Estate, 12 Richmond Rd Chelmsford CM2 6UA	Minibus Morrisons Maldon
Wednesday 26 March	Evening Activity Times TBC		<b>Bowling Curry night</b> - Curry and Bowling – a classic combo for a reason! Aim for a strike, then reward yourself with a hearty bowl of curry and rice.	£25	TP 2222	Rivermead Island, Bishop Hall Lane Chelmsford CM1 1RB	Minibus Morrisons Maldon









### Youth Workers Wanted

FUN & LIVELY SESSIONAL WORKERS TO JOIN US AND MAKE A DIFFERENCE IN

CHELMSFORD COLCHESTER **CLACTON &** MALDON

Our mission is to enable those with S.E.N.D. needs to develop their potential and enjoy socially inclusive, fulfilled lives. At InterAct, we offer term-time afterschool clubs and holiday activities. We bring smiles and learning together through engaging activities, interactive games, and hands-on fun. If you have a creative and imaginative personality, are patient under pressure, energetic about getting involved, and share our goals, then we want to hear



from you.

01245 392

Youngpeopleteam@interact.org.uk

## InterAct InterAct VOLUNTEERS **NEEDED FOR**

Youth Workers **Minibus Drivers** Adminstrators

InterAct work with young people and adults with autism, learning disabilities and emotional problems to help develop valuable social, practical and life skills

- WE PROVIDE TRAINING, SUPPORT, EXPENSES, FRIENDSHIPS AND FUN
- YOU PROVIDE US WITH: TIME SKILLS, EXPERIENCE, EMPATHY

Contact Us

01245 392053

Volunteering@interact.org.ul





#### October 2024 - March 2025

#### 🎇 Are you 19-25?

We support young adults with SEND with after college clubs, holiday activities and learning life skills

#### Book and pay for activities

online: www.interact.org.uk/book-online/together-club phone: 01245 392053



#### Locations

Maldon Chelmsford Clacton-on-sea Colchester

