

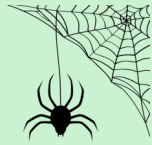
Welcome

to our Activity Programme!

If you are aged 10-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme

Are you 18-25?

Why not join our Together Club?
Get in touch to find out more



InterAct

ESSEX

Oct-Dec 2022



**Clacton On
Sea**

Book and pay for activities online:

www.interact.org.uk/book-online

OR

Tel: 01245 608206

InterAct, Moulsham Mill, Parkway, Chelmsford, CM27PX Registered Charity: 1048631 Registered Company: 3087233

InterAct with us

Join in the fun and make friends with InterAct's friendship and leisure activities.

Group Activities: Whether it's a couple of hours at the movies or a whole day at the zoo, our activity programme is bursting with fun things for young people to do, whilst giving parents/carers a break. We support young people to get out and about in the community, make friends, build new skills and try new activities. We offer a full range of evening and after-school activities throughout the academic year, based in Braintree, Chelmsford, Clacton and Colchester, whilst day trips during school holidays are wider spread. New **InterActors** always welcome!

All our activities are for young people who are registered with InterAct and Essex Short Breaks.

Want to join in? If you are not registered yet, or know someone who would like to join in, please visit our website and download the Registration Form to complete and return. Or just call/email us to have a chat and arrange a '**taster session**'.

If you haven't already registered for Essex Short Breaks all you need to do is visit:

<https://shortbreaks.essex.gov.uk/what-are-short-breaks/>



www.interact.org.uk



01245 608206



Moulsham Mill, Parkway, Chelmsford, Essex, CM2 7PX



InterActEssex



youngpeopleteam@interact.org.uk



@InterActEssex

Please ensure that young people wear **suitable clothing** and are provided with appropriate **food and drink or money** to purchase refreshments, during activities. Please inform staff of any **food allergies or intolerances** before events.

InterAct cannot offer **personal care/one-to-one support**, but young people may bring a carer. Please tick the 'Carer' box when booking and we will contact you to confirm arrangements. Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!



Essex ACTIVate



Essex ActivAte is the name for the Holiday Activity and Food (#HAF2022) programme across Essex, run by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education. Additional funding is provided by Essex County Council to extend the offer to low income working families who also require support during the school holidays. This programme takes place during the Easter, Summer and Winter holidays. Where possible, Essex County Council provide additional support families during the Half Terms as well.

Great News!

InterAct has been successful in securing funding through the ActivAte Programme for our popular holiday activities, this includes our upcoming day activities during October Half Term and the Christmas holiday! ActivAte is a funded holiday support for eligible young people who are in receipt of benefits based free school meals and based in Mid Essex. You will need a 'Wonde code'. If you haven't already got this code, the Wonde code can be obtained from your school.

We do also have access to some limited funding for low income families that may not be entitled to free school meals so please contact us on:

vickie.perkins@interact.org.uk / 07976 781054 or susie.nankivell@interact.org.uk / 07763 777211

to discuss how this may help your family access our activity programme.

If you feel that any of the above applies to your family and have already booked or are thinking of booking one or more of our holiday activities please do get in touch. Bookings are available at

<https://www.interact.org.uk/book-online/holiday-activities>



InterAct

Term Time Activities - Braintree (Tuesdays)

InterAct











The Braintree group meet weekly on Tuesdays in term time at Chapel Hill Youth Centre, Chapel Hill, Braintree, CM7 3QZ.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Sophie Hancock 07497 611313

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 04 October	6:00pm — 8:00pm		Board games and Brainstorming - choose from your favourite board games and battle it out to become the board game champion with your friends. This is also a chance to tell us what you would like to see in our next programme	£9	TP 1572	Chapel Hill Youth Centre, Chapel Hill, Braintree. CM73QZ	Bring along your favourite board game
Tuesday 11 October	6:00pm — 8:00pm		Pizza self portrait —create your own pizza self portrait by adding your own tasty toppings.	£9	TP 1573	Chapel Hill Youth Centre, Chapel Hill, Braintree. CM73QZ	
Tuesday 18 October	6:00pm — 8:00pm		Dinos at Dusk - Join us at the dimly lit Museum for spooky crafts, dino scavenger hunt and come up close with a T-Rex.	£10	TP 1574	Braintree District Museum, Manor Street, Braintree, CM7 3HW	
		<h2>October Half Term</h2> <h3>See what we have planned on page 20</h3>					
Tuesday 01 November	6:00pm — 8:00pm		World Vegan Day - lets explore new tastes and textures and make a gooey vegan chocolate cake.	£9	TP 1575	Chapel Hill Youth Centre, Chapel Hill, Braintree. CM73QZ	
Tuesday 08 November	6:00pm — 8:00pm		Clip and Climb - face your fears and race your friends up to the top. Afterwards we will grab a bite to eat.	£16	TP 1576	Braintree Namco Funscape	Bring small change for the arcade.
Tuesday 15 November	6:00pm — 8:00pm		Junk Mini Golf - In teams, build your own mini golf course out of junk and play against your friends.	£9	TP 1577	Chapel Hill Youth Centre, Chapel Hill, Braintree. CM73QZ	Bring loo rolls, cereal boxes, empty bottles

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities - Braintree (Tuesdays)

InterAct









The Braintree group meet weekly on Tuesdays in term time at Chapel Hill Youth Centre, Chapel Hill, Braintree, CM7 3QZ.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Sophie Hancock 07497 611313

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 22 November	6:00pm — 8:00pm		Bingo & Gaming - Play bingo with your friends and choose your favourite games in the gaming room.	£9	TP 1578	Chapel Hill Youth Centre, Chapel Hill. Braintree. CM73QZ	
Tuesday 29 November	6:00pm — 8:00pm		Cinema - Grab some popcorn and watch a blockbuster with friends. (Disney Strange World) Time TBA.	£15	TP 1579	Braintree Cineworld	
Friday 02 December	5:00pm — 9:00pm		InterAct Christmas Party Open to all	£6	TP 1571	Millennium Community Centre, Great Baddow CM2 9RL	Pick up Colchester football stadium 5pm
Tuesday 06 December	6:00pm — 8:00pm		Scavenger Hunt —follow the clues in teams against the clock. Be the first team to solve all the clues and win prizes.	£9	TP 1580	Chapel Hill Youth Centre, Chapel Hill. Braintree. CM73QZ	
Tuesday 13 December	6:00pm — 8:00pm		Silent disco party - bring your headphones and get dancing. Play classic party games such as pass the parcel and charades.	£9	TP 1581	Chapel Hill Youth Centre, Chapel Hill. Braintree. CM73QZ	Bring your own headphones and phone.
Tuesday 20 December	6:00pm — 8:00pm		Christmas crafts - We will make tree decorations and make them extra special by using photos of your family, pet or yourself.	£9	TP 1582	Chapel Hill Youth Centre, Chapel Hill. Braintree. CM73QZ	Bring along photos to cut out.



Christmas Holidays
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Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities - Colchester (Tuesdays)

InterAct



The Colchester group meet weekly on Tuesdays in term time at the Stanway Youth Centre, Winstree Road, CO3 0QA.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Louise Broadbridge 07506 566841

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 04 October	6:30pm — 8:30pm		Jump Street - Meet at Jump Street at 5.30 and show us your skills as you twist and turn on the trampolines. Pick up at 7.15 from Jump Street.	£16	TP 1583	Jump Street Colchester CO1 1YH	
Tuesday 11 October	5:30pm — 7:15pm		Craft making - Make a fridge magnet. Have fun creating your very own, personalised, fridge magnet.	£9	TP 1584	Stanway Youth Centre CO3 0PZ	
Tuesday 18 October	6:30pm — 8:30pm		Meal out - Enjoy a yummy meal out with your friends in Colchester Venue. TBC.	£22	TP 1585	TBC	
		October Half Term See what we have planned on page 20					
Tuesday 01 November	6:30pm — 8:30pm		Pizza making & Brainstorming - Come along and have fun creating your own pizza with lots of yummy toppings. It's also your chance to let us know how we are doing and what you	£9	TP 1586	Stanway Youth Centre CO3 0PZ	
Tuesday 08 November	6:30pm — 8:30pm		Ten Pin bowling - Show off your skills, and see how many strikes you can get. Price includes 2 games of bowling + a meal and a drink.	£16	TP 1587	Ten Pin Cowdray Lane CO1 1YH	Bring money if you want additional drinks
Tuesday 15 November	6:30pm — 8:30pm		Papier Mache making - This could get messy, so wear old clothes.	£9	TP 1588	Stanway Youth Centre CO3 0PZ	Wear old clothes

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Term Time Activities - Colchester (Tuesdays)

InterAct



The Colchester group meet weekly on Tuesdays in term time at the Stanway Youth Centre, Winstree Road, CO3 0QA.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Louise Broadbridge 07506 566841

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 22 November	6:30pm — 8:30pm		Papier Mache - part 2 We will be painting our papier mache creations. So its best to wear old clothes.	£9	TP 1589	Stanway Youth Centre CO3 0PZ	Wear old clothes
Tuesday 29 November	6:30pm — 8:30pm		Jump Street - Meet at Jump Street at 5.30 and show us all your skills as you twist and turn on the trampolines. Pick up at 7.15 from Jump Street.	£16	TP 1590	Jump Street Colchester CO1 1BX	
Friday 02 December	5:00pm — 9:00pm		InterAct Christmas Party Open to all	£6	TP 1571	Millennium Community Centre, Great Baddow CM2 9RL	Pick up at Colchester Football Stadium 5pm
Tuesday 06 December	6:30pm — 8:30pm		Making Christmas treats - Come along and enjoy making festive treats for Christmas.	£9	TP 1591	Stanway Youth Centre CO3 0PZ	
Tuesday 13 December	6:30pm — 8:30pm		Christmas craft evening - We will be making festive decorations for you to hang on your Christmas tree.	£9	TP 1592	Stanway Youth Centre CO3 0PZ	
Tuesday 20 December	6:30pm — 8:30pm		Christmas party - Wear your Christmas jumper and get your dancing shoes on and come along to our Christmas party. There will be lots of dancing, party food and drinks.	£9	TP 1593	Stanway Youth Centre CO3 0PZ	



Christmas Holidays
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Term Time Activities - Chelmsford (Wednesdays)

InterAct










The Chelmsford group meet weekly on Wednesdays in term time at the Aspire Centre, Moulsham Mill, Chelmsford, CM2 7PX

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Charleigh Summerbell 07906 363429

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 05 October	6:00pm — 8:00pm		Escape Reality - Gaming heaven. Love gaming? This really is for you. Try virtual reality gaming along with all your favourite gaming consoles.	£24	TP 1594	Unit 7 17-19 Richmond Rd, CM2 &PX	Includes 20 min of VR gaming
Wednesday 12 October	6:30pm — 8:30pm		Meal out with friends & Brainstorming - Check out one of Chelmsford's finest eateries with your friends. It's also your chance to let us know how we are doing and what you would	£16	TP 1595	Meet at Aspire 6:30pm -8:30pm	Venue TBC
Wednesday 19 October	5:30pm — 8:00pm		Clip N Climb - We are going together on our minibus to Braintree Namco this week as we can book our fun time a bit later than Chelmsford	£15	TP 1596	Meet at Aspire 5:30pm -8:00pm	Minibus pick up/return Aspire
		<h2>October Half Term</h2> <p>See what we have planned on page 20</p>					
Wednesday 02 November	6:30pm — 8:30pm		Kaspa's desserts - Enjoy a waffle, crepe or just a great tasting milkshake with your friends	£12	TP 1597	Meet & return to Aspire 6:30pm- 8:30pm	
Wednesday 09 November	6:30pm — 8:30pm		Counter Culture - Board games, card games all the classics that you love to play at Counter Culture games café	£9	TP 1598	Meet at Aspire 6:30pm -8:30pm	Please bring extra money for Snacks & Drinks

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities - Chelmsford (Wednesdays)

InterAct



The Chelmsford group meet weekly on Wednesdays in term time at the Aspire Centre, Moulsham Mill, Chelmsford, CM2 7PX

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Charleigh Summerbell 07906 363429

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 16 November	6:45pm — 8:45pm		Ice skating - Come along to Riverside ice rink for some ice skating fun.	£10	TP 1599	Meet at Aspire 6:45pm -Collect Riverside	
Wednesday 23 November	5:45pm — 7:15pm		Jump Street - A classic which is loved by all. Jump, bounce and have fun with all your friends.	£16	TP 1600	Meet at Jump street, Dukes Park, CM2 6UA	Please bring your JS socks
Wednesday 30 November	6:00pm — 8:30pm		Geek Retreat - Pokémon evening. Come and join in the Pokémon fun with your friends at the trendy games café.	£10	TP 1601	Meet at Aspire 6:00pm -8:30pm	Please bring extra money for Snacks & drinss
Friday 02 December	6:00pm — 9:00pm		InterAct Christmas Party Open to all	£6	TP 1571	Millennium Community Centre, Great Baddow CM2 9RL	Pick up at Colchester Football Stadium 5pm
Wednesday 07 December	6:15pm — 8:30pm		Ceramics on the Hop - Creative pottery in Writtle. Join your friends and make a Christmas creation for a special person.	£10	TP 1602	Minibus pick up/return Aspire Meet at Aspire 6:15pm -8:30pm	Please bring extra money for pottery £10-£20
Wednesday 14 December	6:00pm — 8:45pm		Madison Heights Bowling - all the fun you can have bowling on the lanes in Maldon, will you get a strike?	£17	TP 1603	Meet at Aspire. 6:00pm- 8:45pm	Minibus pick up/return Aspire
		 Christmas Holidays See page 20 					

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities - Clacton (Wednesdays)

InterAct


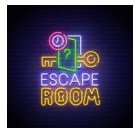







The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Marie Jervis 07813 582614 Heather Grosu 07722 043830

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 05 October	6:30pm — 8:30pm		Visit from Police Officer - Learn about the police and keeping yourself safe.	£9	TP 1604	Green Lodge 180 Old Road CO15 3AY	
Wednesday 12 October	6:30pm — 8:30pm		Escape Rooms game at the Centre - Can you work out the puzzles and make your escape?	£9	TP 1605	Green Lodge 180 Old Road CO15 3AY	
Wednesday 19 October	6:30pm — 8:30pm		Animal Antics - enjoy a visit from Outhouse and their furry friends and find out more about how to look after them.	£9	TP 1606	Green Lodge 180 Old Road CO15 3AY	
		<p>October Half Term See what we have planned on page 20</p>					
Wednesday 02 November	6:30pm — 8:30pm		Fireworks Themed night - Enjoy Hot Dogs and create edible fireworks.	£9	TP 1607	Green Lodge 180 Old Road CO15 3AY	
Wednesday 09 November	6:30pm — 8:30pm		Parachute Fun - Have fun with an enormous parachute.	£9	TP 1608	Green Lodge 180 Old Road CO15 3AY	

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities - Clacton (Wednesdays)

InterAct



The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Marie Jervis 07813 582614 Heather Grosu 07722 043830

Date	Time		Activity	Cost		Where to meet	Additional info	
Wednesday 16 November	6:30pm — 8:30pm		Toby Carvery - Enjoy a roast dinner with your friends.	£18	TP 1609	Marine Parade West Martello Bay Clacton-On- Sea Essex CO15 1NW		
Wednesday 23 November	6:30pm — 8:30pm		Sports and Games Night - Have fun at Green Lodge with ball games, space hoppers and hoops.	£9	TP 1610	Green Lodge 180 old Road CO15 3AY		
Wednesday 30 November	6:30pm — 8:30pm		Bowling and Pool - Come and bowl a strike or two!	£18	TP 1611	Clacton Pavillion		
Friday 02 December	6:00pm — 9:00pm		InterAct Christmas Party Open to all	£6	TP 1571	Millennium Community Centre, Great Baddow CM2 9RL	Pick up at Colchester Football Stadium 5pm	
Wednesday 07 December	6:30pm — 8:30pm		Christmas cookery & Brainstorming - Enjoy making and eating mince pies, sausage rolls and other festive treats. It's also your chance to let us know how we are doing and what you would like to see in future programmes.	£9	TP 1612	Green Lodge 180 old Road CO15 3AY		
Wednesday 14 December	6:30pm — 8:30pm		Christmas Party and movie night - Enjoy Christmas movies and festive goodies.	£9	TP 1613	Green Lodge 180 old Road CO15 3AY		
		 Christmas Holidays See page 20 						

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206



Meet interAct's Young People Team



Susie Nankivell

07763 777211

Chief Executive Officer



Vickie Perkins

07976 781054

Project Manager



Heather Grosu

07722 043830

Activity Coordinator



Marie Jervis

07813 582614

Activity Coordinator



Mandy Pond

07535 855431

Activity Coordinator

We have the enthusiasm, commitment, confidence and ability to identify with young people; we are passionate about our work and wish to inspire young people to achieve their full potential. We know from feedback that time spent at InterAct activities makes a positive difference to the whole family.



Charleigh Summerbell

07906 363429

Activity Coordinator



Louise Broadbridge

07506 566841

Activity Coordinator



Sophie Hancock

07497 611313

Activity Coordinator



Christian Mann

07957 185945

Community
Engagement
Coordinator



Andrea Gaskell

01245 608206

Administrator



Look how much fun we had at our

Stubbers Adventure Weekend

In June InterAct spent a weekend at Stubbers Adventure Centre having loads of fun singing, dancing, kayaking and so much more!

Thank you very much to Essex Boys and Girls Clubs and Stubbers Adventure Centre for organising such an amazing weekend!



'Our boys both loved the Stubbers Weekend. They both said they loved everything but especially the banana boat, Axe throwing, Archery, Canoeing, Ping pong, Laser tag and all the entertainment in the evening, especially the dancing .

BA said he really enjoyed meeting new friends and being more independent.'



'The weekend at Stubbers provided a rich and rewarding break for the entire family and one that we appreciate more than most people realise , and that is only possible with the excellent staff and support that we experience at InterAct'.



'The opportunity gave me a break and gave AC the opportunity for some independence and to try new things. He was exhausted from a jammed packed weekend, telling me he had tried new things, which he was excited about.'

'As for my husband and myself, having an extended break was a well-timed and much needed respite. It provided a relief of the constant monitoring and caring roles we have with HR. I sometimes don't realise how much the caring duties impact us and having a chance to reflect and recharge was invaluable.'



InterAct


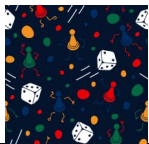




Term Time Virtual Activities — (Thursdays 6 -7pm)



The Term Time virtual activities are meeting weekly on a Thursday via Zoom at 6pm. Online Activities include cookery sessions, quizzes, Bingo and Kahoot

Our Activity Coordinators will keep in touch with parents/carers during the week to confirm details of the upcoming activity.

Activity Coordinators: Vickie: 07976-781054 Charleigh: 07906-363429 Louise: 07506-566841 Heather: 07722 043830 Christian: 07572 185945

Date	Time		Activity	Cost		Where to meet	Additional info
Thursday 06 October	6:00pm — 7:00pm		Cook along together - Join in and cook along with your friends together.	£3	TP 1614	Joining details will be sent out each week	An ingredient list will be sent to you by text message
Thursday 13 October	6:00pm — 7:00pm		Game night - Play a variety of classic games including Pictionary and Hangman	£3	TP 1615	Joining details will be sent out each week	
Thursday 20 October	6:00pm — 7:00pm		Arts and crafts together - make your own gooey, stretchy, colourful slime	£3	TP 1616	Joining details will be sent out each week	
		October Half Term See what we have planned on page 20					
Thursday 30 November	6:00pm — 7:00pm		Quiz Night - play a variety of powerpoint and online quizzes	£3	TP 1617	Joining details will be sent out each week	
Thursday 10 November	6:00pm — 7:00pm		Cook along together - Join in and cook along with your friends together	£3	TP 1618	Joining details will be sent out each week	An ingredient list will be sent to you by text message

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Term Time Virtual Activities — (Thursdays 6 -7pm)



The Term Time virtual activities are meeting weekly on a Thursday via Zoom at 6pm. Online Activities include cookery sessions, quizzes, Bingo and Kahoot

Our Activity Coordinators will keep in touch with parents/carers during the week to confirm details of the upcoming activity.

Activity Coordinators: Vickie: 07976-781054 Charleigh: 07906-363429 Louise: 07506-566841 Heather: 07722 043830 Christian: 07572 185945

Date	Time		Activity	Cost		Where to meet	Additional info
Thursday 17 November	6:00pm — 7:00pm		Escape Rooms - Let's test our brains and complete some online escape rooms.	£3	TP 1619	Joining details will be sent out each week	
Thursday 24 November	6:00pm — 7:00pm		Challenge - make a tower using dry spaghetti and marshmallows. Who can build the tallest or most impressive tower?	£3	TP 1620	Joining details will be sent out each week	
Thursday 01 December	6:00pm — 7:00pm		Quiz Night - play a variety of powerpoint and online quizzes.	£3	TP 1621	Joining details will be sent out each week	
Friday 02 December	6:00pm — 9:00pm		InterAct Christmas Party open to all	£6	TP 1571	Millennium Suite Great Baddow CM2 9RL	Pick up Colchester Football Stadium 5pm
Thursday 08 December	6:00pm — 7:00pm		Karaoke Night — Pick your favourite Christmas songs, and sing them at the top of your voice!	£3	TP 1622	Joining details will be sent out each week	
Thursday 15 December	6:00pm — 7:00pm		Cook along together - Join in and cook along with your friends together.	£3	TP 1623	Joining details will be sent out each week	An ingredient list will be sent to you in a message
  Christmas Holidays  							

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206












Term Time Activities — Chelmsford COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood, Waterhouse Lane, CN2 8PT

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity

Activity Coordinator — Mandy Pond 07535 855431



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 07 October	5:30pm — 8:30pm		Decorate a tote bag — use your sewing and/or drawing skills to decorate your very own tote bag.	£9	TP 1624	Galleywood Centre, Watchouse Road, CM2 8PT	
Friday 14 October	5:30pm — 8:30pm		Obstacle Course Challenge — create then complete an obstacle course. Who will be able to complete it in the best time?	£9	TP 1625	Galleywood Centre, Watchouse Road, CM2 8PT	
Friday 21 October	5:30pm — 8:30pm		Beastly Buffet Night —help to create Halloween themed food and spooky snacks for a buffet dinner. Feel free to dress up in Halloween costume too!	£9	TP 1626	Galleywood Centre, Watchouse Road, CM2 8PT	
  		<h2>October Half Term</h2> <p>See what we have planned on page 20</p>			  		
Friday 04 November	5:30pm — 8:30pm		Bonfire Night Activities — make firework themed chocolate bark and enjoy some craft activities	£9	TP 1627	Galleywood Centre, Watchouse Road, CM2 8PT	
Friday 11 November	5:30pm — 8:30pm		Mocktail Invention Evening —choose your ingredients and create your own mocktails.	£9	TP 1628	Galleywood Centre, Watchouse Road, CM2 8PT	

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities — Chelmsford COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood, Waterhouse Lane, CN2 8PT

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity

Activity Coordinator — Mandy Pond 07535 855431



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 18 November	5:30pm — 8:30pm		Make a Dream Catcher - create a colourful dream catcher to take home and hang by your bed.	£9	TP 1629	Galleywood Centre, Watchouse Road, Chelmsford CM2 8PT	
Friday 25 November	5:30pm — 8:30pm		Music Games Night - we will have fun playing a selection of music based games together.	£9	TP 1630	Galleywood Centre, Watchouse Road, Chelmsford CM2 8PT	
Friday 02 Friday	6:00pm — 9:00pm		InterAct Christmas Party open to all	£6	TP 1571	Millennium Community Centre, Great Baddow CM2 9RL	Pick up Colchester Football Stadium 5pm
Friday 09 December	5:30pm — 8:30pm		Christmas Pine Cone Craft & Brainstorming - Make some cute Christmas decorations out of pine cones. It's also your chance to tell us how we are doing and what you would like to see in future programmes.	£9	TP 1631	Galleywood Centre, Watchouse Road, Chelmsford CM2 8PT	
Friday 16 December	5:30pm — 8:30pm		Christmas Fun and Movie Night - wear something Christmassy, play Pass the Parcel and watch a Christmas movie together	£9	TP 1632	Galleywood Centre, Watchouse Road, Chelmsford CM2 8PT	
			Christmas Holidays See page 20				



Book & pay for activities online: www.interact.org.uk/book-online 01245 608206







Term Time Activities — Colchester COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time at Stanway Youth Centre, Winstree Road, CO3 0QA.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity.

Activity Coordinator — Heather Grosu 07722 043830



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 07 October	5:30pm — 8:30pm		Make a Shield & Brainstorming - Create a Medieval Crown or a Shield with your coat of arms. It's also your chance to let us know how we are doing and what you would like to see in future programmes.	£9	TP 1633	Stanway Youth Centre CO3 OPZ	
Friday 14 October	5:30pm — 8:30pm		Visit from Police Officer - Learn about the police and keeping yourself safe	£9	TP 1634	Stanway Youth Centre CO3 OPZ	
Friday 21 October	5:30pm — 8:30pm		Rollerworld - Skate round the rink and enjoy the disco session.	£30	TP 1635	Rollerworld 13 Moorside Colchester CO1 2TJ	Cost includes skating a meal and drink in the café.
		October Half Term See what we have planned on page 20					
Friday 04 November	5:30pm — 8:30pm		Fireworks Themed night - Enjoy Hot dogs and create edible fireworks	£9	TP 1636	Stanway Youth Centre CO3 OPZ	
Friday 11 November	5:30pm — 8:30pm		Animal Handling / Outhouse - Enjoy handling the animals and have your questions answered about the Outhouse activities	£9	TP 1637	Stanway Youth Centre CO3 OPZ	

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

Term Time Activities — Colchester COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time at Stanway Youth Centre, Colchester.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity

Activity Coordinator — Heather Grosu 07722 043830



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 18 November	5:30pm — 8:30pm		Jump Street - Have fun with a bounce around followed by a visit to McDonalds.	£24	TP 1638	Jump Street 21 Mason Road Colchester CO1 1BX	Cost includes entry to Jump Street and a meal (Burger Chips and a Drink) from McDonalds
Friday 25 November	5:30pm — 8:30pm		Get creative - Craft/cooking at the centre	£9	TP 1639	Stanway Youth Centre CO3 0PZ	
Friday 02 Friday	6:00pm — 9:00pm		InterAct Christmas Party Open to all	£6	TP 1571	Millennium Community Centre, Great Baddow CM2 9RL	Pick up Colchester Football Stadium 5pm
Friday 09 December	5:30pm — 8:30pm		Chocolate factory - recreate and decorate a personalised chocolate bar	£9	TP 1540	Stanway Youth Centre CO3 0PZ	
Friday 16 December	5:30pm — 8:30pm		Karaoke disco party - Dance and Sing at the centre with your friends.	£9	TP 1541	Stanway Youth Centre CO3 0PZ	
		 Christmas Holidays  See page 20					

Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206

InterAct's October Half Term & Christmas Activities

Date		Activity	Cost	Ref	Minibus Pickups / Meeting points	Additional info
Tuesday 25 Oct		The Crystal Maze - The ultimate team challenge. The hugely popular 90's TV show has come to life in London. Run around with your friends and take on the immersive adventure with tricky challenges.	£55	HP 430	Minibus from Colchester United Football Stadium, CO4 5UP Meet at Moulsham Mill, Chelmsford, CM2 7PX: Times/info will be sent out via text the day before	Please bring a packed lunch, snacks and drinks
Wednesday 26 Oct		Brightworths School of Magic - At Hedingham Castle for budding wizards and witches, You will meet the Brightworth teachers to learn and take part in their specialist subjects; from Magic Wands to Potions and Enchanted Animals to Mystical Spells.	£27	HP 431	Meet at Moulsham Mill, Chelmsford, CM2 7PX: Meet at Colchester United Football Stadium, CO4 5UP Times/info will be sent out via text the day before	Please bring a packed lunch, snacks and drinks
Thursday 27 Oct		The Sea Life Centre London - in the heart of London see Ocean invaders, sharks, penguins, octopus, rays, a coral kingdom and a pirate adventure. This truly is an amazing sea experience without getting wet!	£44	HP 432	Minibus from Colchester United Football Stadium, CO4 5UP Meet at Moulsham Mill, Chelmsford, CM2 7PX: Times/info will be sent out via text the day before	Please bring a packed lunch, snacks and drinks
Wednesday 21 Dec		Welcome aboard the Amazing Ongar/Epping Train light trail & Ice skating - We've finally managed to book tickets on this truly wonderful experience aboard the Epping/Ongar light trail as well as fun on the ice when you get your scates on! <u>Limited spaces so book quickly to not miss out!</u>	£39	HP 433	Minibus from Colchester United Football Stadium, CO4 5UP 13:15pm CFS Meet at Moulsham Mill, Chelmsford, CM2 7PX:	Please bring a packed lunch
Thursday 22 Dec		Jack and the beanstalk Panto & Hylands House light trail - Come and enjoy an afternoon of Panto at the Civic Theatre followed by the wonderful light trail at Hylands House.	£43	HP 434	Minibus from Colchester United Football Stadium, CO4 5UP 12:00pm CFS Meet at Moulsham Mill, Chelmsford, CM2 7PX: 1pm @Aspire	Please bring packed lunch snacks & Drinks

All activities are all day activities and will be available to book from **September** , so please be quick to reserve your places and avoid disappointment.

Exciting news from InterAct



In October, our Chelmsford Coz Club on Fridays and Together Club on Mondays are moving to a great new venue in Galleywood.

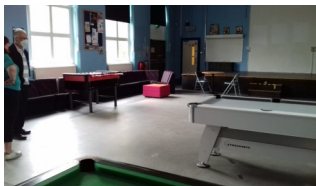
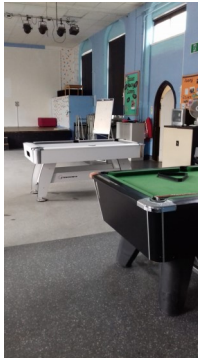
The Chelmsford Club on Wednesday will continue to go 'out and about' to all your favorite activities in Chelmsford and beyond.

The Galleywood Centre

Watchouse Road

Chelmsford

CM2 8PT





Minibus pick up & return from Colchester
Football Stadium @ 4pm/9:45pm
Email; youngpeopleteam@interact.org.uk
to reserve your seat

InterAct

CHRISTMAS PARTY



Don't forget
to wear
something
Christmassy!

6-9pm

2nd December 2022

Millennium Community Centre,
Great Baddow
CM2 9RL

Tickets £6

SPECIAL GUEST
YIOTA
FROM TURNING
POINTE!



Families
welcome!



Want to join us?

Book now at: <http://www.interact.org.uk/book-online>

Or Contact us at



Youngpeopleteam@Interact.org.uk



01245 608206





Photography competition!

Take an autumnal or winter themed photo, send it to us and see if it gets featured in our next programme!

InterAct

SOCIAL MEDIA PAGES

To keep up to date with what we are getting up to at our clubs & trips please follow us on our social media pages



@interact.essex



@InterAct



@InterActEssex

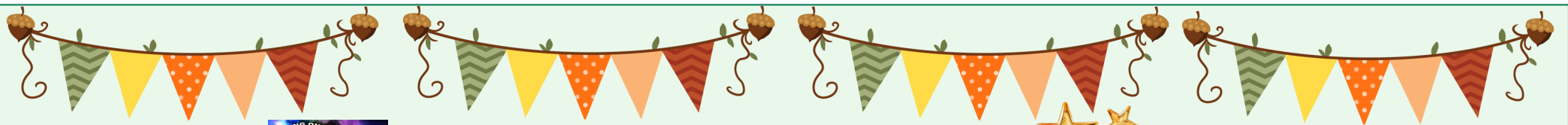
Just a few general things to remember...

All cancellations must be made to: cancellations@interact.org.uk

Holiday bookings are only refundable if the activity is at full capacity and we have someone to replace the booking.

If the activity that you wanted to book is full, please email: waitinglist@interact.org.uk as there is always a chance that someone's circumstances change and a place becomes available.

InterAct



**THE CRYSTAL MAZE
LIVE EXPERIENCE**



InterAct