Welcome

to our Activity Programme!

If you are aged 8-14 or 15-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme

Are you 18-25?
Why not join our Together Club?
Get in touch to find out more

Book and pay for activities online:

www.interact.org.uk/book-online

OR

Tel: 01245 392053



InterAct with us

Join in the fun and make friends with InterAct's friendship and leisure activities.

Group Activities: Whether it's a couple of hours at the movies or a whole day at the zoo, our activity programme is bursting with fun things for young people to do, whilst giving parents/carers a break. We support young people to get out and about in the community, make friends, build new skills and try new activities. We offer a full range of evening activities throughout the academic year, based in Braintree, Chelmsford, Maldon, Clacton and Colchester, whilst day trips during school holidays are wider spread. New InterActors always welcome!

All our activities are for young people who are registered with InterAct, SENDsensation and Essex Short Breaks. Want to join in? If you are not registered yet, or know someone who would like to join in, please visit our website and download the Registration Form to complete and return. Or just call/email us to have a chat and arrange a 'taster session'.

> If you haven't already registered for Essex Short Breaks all you need to do is visit: https://shortbreaks.essex.gov.uk/what-are-short-breaks/ If you haven't already registered for SENDsensation all you need to do is visit: https://sendsesation.co.uk



www.interact.org.uk







InterActEssex



youngpeopleteam@interact.org.uk



@InterActEssex

Please ensure that young people wear suitable clothing and are provided with appropriate food and drink or money to purchase refreshments, during activities. Please inform staff of any **food allergies or intolerances** before events.

Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!

Meet InterAct's Young People Team



Susie Nankivell 07763 777211



Vickie Perkins 07976 781054 Project Manager



Heather Grosu 07722 043830 Activity Coordinator



We have the enthusiasm, commitment, confidence and ability to identify with young people; we are passionate about our work and wish to inspire young people to achieve their full potential. We know from feedback that time spent at InterAct activities makes a positive difference to the whole family.



Alexis Filer
07506 566841
Activity Coordinator



Marie Jervis 07813 582614 Activity Coordinator



Andrea Gaskell 01245 392053 Business Administrator



Alison Price 01245 392053 YPT Administrator

The InterAct Together Club

We meet face to face every Monday during term time, at the Galleywood Youth Centre, Watchouse Road as well as getting out and about locally doing all sorts of fun things.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity Activity Coordinators— Alexis Filer 07506 566841 Mandy Pond 07535 855431

Date	Time		Activity	Cost		Where to meet	Additional info
Monday 08 January	6:30pm — 9:00pm	40.	Get Active! - Build an assault course around the centre's sports hall and create fun fitness games.	£10	T <i>C</i> 108	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Monday 15 January	твс	30	Bowling - Chelmsford City Bowl.	£TBC	T <i>C</i> 109	Chelmsford City Bowl	Details TBC by text
Monday 22 January	6:30pm — 9:00pm	A CRAOT	Arts & Crafts - come along and get creative with some fun arts & crafts	£10	T <i>C</i> 110	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Monday 29 January	5:45pm — 7:45pm		Ninja Warrior Chelmsford - Soft play for young adults.	£25	T <i>C</i> 111	106-108 Bond Street, Chelmsford, CM1 1GH	Includes session, socks & drink Details TBC by text
Monday 05 February	6:30pm — 9:00pm		Cookery- Cook up a 2 course meal to share with your friends	£10	T <i>C</i> 112	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Monday 12 February	6:30pm — 9:00pm	KASPA'S BESSETS	Kaspa's desserts - Crepes, waffles or a tasty milkshake of your choice	£6	T <i>C</i> 113	The Meadows 22 Springfield Rd, Chelmsford, CM2 6FA	Extra money/card for dessert Details TBC by text

The InterAct Together Club

We meet face to face every Monday during term time, at the Galleywood YC, Watchouse Road as well as getting out and about locally doing all sorts of fun things.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity Activity Coordinator s— Alexis Filer 07506 566841 Mandy Pond 07535 855431

Date	Time		Activity	Cost		Where to meet	Additional info
			HALF TERM				
Monday 26 February	6:30pm — 9:00pm	EATENG OUT DAY	Meal out - Enjoy a meal together with friends.	£6	TC 114	Venue TBC	Extra money/card for meal Details TBC by text
Monday 04 March	6:30pm — 9:00pm	Cookery	Cookery - Cook up a 2 course meal - a main and dessert and enjoy with your friends.	£10	T <i>C</i> 115	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Thursday 14 March	твс	Wicken	Wicked - London theatre activity	£16	T <i>C</i> 116	Meet at WBC 2 Cromar Way Chelmsford CM1 2QE	Extra money/card food & drinks Details TBC by text
Monday 18 March	6:30pm — 9:00pm	lin &	Kat's Crafts - Kat's wonderful workshop of creative weaving.	£10	TC 117	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Monday 25 March	ТВС	FEELTHERO	Boom Battle Bar - Come along and try a battle with your friends.	£TBC	T <i>C</i> 118	106-108 Bond Street Chelmsford CM1 1GH	Details TBC by text



"Yes Chef Cookery Club Comes to Coz Club Friday evenings at the Coz Club in InterAct's Jan-March Programme **Healthy living in** partnership with **Active Essex** Food programme Open to young people aged between 11-18 years Join in the fun, and learn how to prepare cook a family meal. bookings opening 01/01/2024 interact.org.uk/book-online





Term Time Activities - age 8-14



All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - 01245 392053

Date	Time		Activity	Cost		Where to meet	Additional info
Monday 15 Jan	6:30pm — 8:30pm		Mosaic Rocks - They sparkle and shine! What will you create?	£10	TP 1889	Copford Village Hall Colchester CO6 1BX	
Monday 18 March	6:30pm — 8:30pm		Spring Time Special - Meet chickens brought along by one of your friends, Plant a tub with spring plants and create spring themed crafts!	£10	TP 1890	Copford Village Hall Colchester CO6 1BX	
Monday 15 Jan	6:00pm — 8:00pm		Design your own pizza - Create your favorite pizza from a variety of toppings and best of all eat with your friends.	£10	TP 1891	Church Hall 19 Vicarage Rd, Chelmsford CM2 9PH	
Monday 18 March	6:00pm — 8:00pm	612	Fern's Reptiles - Come and learn about these wonderful creatures and have an opportunity to touch or hold them.	£10	TP 1892	Church Hall 19 Vicarage Rd, Chelmsford CM2 9PH	
Monday 08 Jan	6:00pm — 8:00pm		Music Maestro! - Make and play your own musical instruments!	£6	TP 1893	Inclusion Ventures, 1, Broadway, Jaywick CO15 2EB	
Monday 12 Feb	6:00pm — 8:00pm		Greetings Cards and Gardening - Make a card for a loved one, friend or relative and fill a tub with spring flowers.	£6	TP 1894	Inclusion Ventures, 1, Broadway, Jaywick CO15 2EB	
Monday 11 March	6:00pm — 8:00pm		Marble run making - If you build itHave fun creating and playing with a Marble Run	£6	TP 1895	Inclusion Ventures, 1, Broadway, Jaywick CO15 2EB	

Term Time Activities - age 8-14





Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 16 Jan	6:00pm — 8:00pm	FUN	Science Fun - have fun making paper airplanes, skittles rainbows and slime	£10	TP 1896	Plantation Hall Heybridge Maldon CM9 4AL	
Tuesday 19 March	6:00pm — 8:00pm		Nature Craft - build your own bug hotel and other nature inspired crafts	£10	TP 1897	Plantation Hall Heybridge Maldon CM9 4AL	
Wednesday 17 Jan	6:00pm — 8:00pm	\$ 7 0 7 5 avmss \$ govern	Board games galore - Enjoy an evening of fun games along with your friends.	£10	TP 1898	Christchurch 7 London Rd Braintree CM7 2LD	
Wednesday 20 March	6:00pm — 8:00pm	部	Marble Run - Build it and then be amazed as the marbles go round and round!	£10	TP 1899	Christchurch 7 London Rd Braintree CM7 2LD	
Thursday 18 Jan	6:00pm — 8:00pm	Seattle Filling Facility	Paint on china - Paint your own Money box	£10	TP 1900	Baptist Church, 117 Pier Ave, Clacton CO15 1NJ	
Thursday 21 March	6:00pm — 8:00pm		Say it with flowers! - Have fun making your own creative flower arrangement.	£10	TP 1901	Baptist Church, 117 Pier Ave, Clacton CO15 1NJ	

Term Time Activities - Braintree (Tuesdays) Age 15-18



The Braintree group meet weekly on Tuesdays in term time at Chapel Hill Youth Centre, Chapel Hill, Braintree, CM7 3QZ.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - 07497 611313

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 09 January	6:00pm — 8:00pm		Bingo & popcorn night - Enjoy a fun night of bingo and share some popcorn. If you are there winner there will be a prize.	£10	TP 1902	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 16 January	6:00pm — 8:00pm		Paint by numbers - Create a painting masterpiece.	£10	TP 1903	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 23 January	6:00pm — 8:00pm		Peppermint & Coconut creams - Make some lovely pepper mint & coconut creams to share with your family.	£10	TP 1904	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 30 January	6:00pm — 8:00pm	2	Snow globes - make a wonderful snow globe and take home to enjoy.	£10	TP 1905	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 06 February	6:00pm — 8:00pm		Dragon masks - Create your own fun mask. For Chinese new year.	£10	TP 1906	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 13 February	6:00pm — 8:00pm		Valentines pancakes - Choose from a variety of toppings to make a your ultimate burger	£10	TP 1907	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	



Term Time Activities - Braintree (Tuesdays) age 15-18



The Braintree group meet weekly on Tuesdays in term time at Chapel Hill Youth Centre, Chapel Hill, Braintree, CM7 3QZ.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - 07497 611313

Date	Time		Activity	Cost		Where to meet	Additional info
			February Half Term				
			Please see back page of the programme				
Tuesday 27 February	6:00pm — 8:00pm		Picture frames - make a lovely piece of art and put it into a picture frame.	£10	TP 1908	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 05 March	6:00pm — 8:00pm	Mother's Bay Cruitsi	Mother day crafts - fun Marbling to create a card for someone special	£10	TP 1909	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 12 March	6:00pm — 8:00pm	(I)	Cress heads - indoor gardening for you to take away and grow.	£10	TP 1910	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 19 March	6:00pm — 8:00pm	· Maria	Hama Bead keyrings - choose a design, choose your colours and make a fun keyring.	£10	TP 1911	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	
Tuesday 26 March	6:00pm — 8:00pm	Move Myrt*	Movie night & Milkshakes - Movie night with pick a mix and Milkshakes.	£10	TP 1912	Chapel Hill Youth Centre, Chapel Hill, CM7 3QZ	

Term Time Activities - Colchester (Tuesdays) Age 15-18

The Colchester group meet weekly on Tuesdays in term time at the Stanway Youth Centre, Winstree Road, CO3 0QA.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Heather Grosu 07722 043830





Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 09 January	6:30pm — 8:30pm	0	Can you get a strike? - Enjoy bowling with your friends	£28	TP 1913	Ten Pin Cowdray Ave, Colchester CO1 1YH	Includes bowling & Food
Tuesday 16 January	6:30pm — 8:30pm	Single State of the State of th	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends . For those not joining in with cookery there will be another activity to enjoy	£10	TP 1914	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	
Tuesday 23 January	6:30pm — 8:30pm	77	Therapy Dogs - Learn about what it is like to be blind, how Guide Dogs are trained and how they help. TBC	£10	TP 1915	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	
Tuesday 30 January	6:30pm — 8:30pm	San Carl	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends . For those not joining in with cookery there will be another activity to enjoy	£10	TP 1916	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	
Tuesday 06 February	6:30pm — 8:30pm	SEP CONTRACTOR	Laser Tag - Have fun in the new Laser Tag arena in Colchester	£27	TP 1917	Ten Pin Cowdray Ave, Colchester CO1 1YH	
Tuesday 13 February	6:30pm — 8:30pm	Shirt Chall	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends . For those not joining in with cookery there will be another activity to enjoy	£10	TP 1918	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	L N

Term Time Activities - Colchester (Tuesdays) Age 15-18

InterAct

The Colchester group meet weekly on Tuesdays in term time at the Stanway Youth Centre, Winstree Road, CO3 0QA.

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Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Heather Grosu 07722 043830

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Date	Time		Activity	Cost		Where to meet	Additional info
			February Half Term				
			Please see back page of the programme				•
Tuesday 27 February	6:30pm — 8:30pm	She (Adl	Yes Chef"- Come and cook up a gourmet meal, and share with your friends . For those not joining in with cookery there will be another activity to enjoy	£10	TP 1919	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	
Tuesday 05 March	6:30pm — 8:30pm	Appriles C	.Animal Encounters - Come and learn about these wonderful creatures and have an opportunity to touch or hold them.	£10	TP 1920	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	
Tuesday 12 March	6:30pm — 8:30pm	Sing Chall	Yes Chef"- Come and cook up a gourmet meal, and share with your friends . For those not joining in with cookery there will be another activity to enjoy	£10	TP 1921	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	
Tuesday 19 March	6:30pm — 8:30pm		Harvester - Have a meal out with your friends.	£28	TP 1922	186 London Rd, Colchester CO3 8NZ	
Tuesday 26 March	6:30pm — 8:30pm	The Court	Yes Chef"- Come and cook up a gourmet meal, and share with your friends . For those not joining in with cookery there will be another activity to enjoy	£10	TP 1923	Stanway Youth Centre Winstree Road, Colchester CO3 OPZ	II N O

Term Time Activities - Clacton (Wednesdays) Age 15-18

InterAct

The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Marie Jervis 07813 582614 & Heather Grosu 07722 043830



Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 10 January	6:30pm — 8:30pm		Candles - Make a candle to take home or give as a gift.	£10	TP 1924	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Wednesday 17 January	6:30pm — 8:30pm	(REPTRES)	Animal Encounters - Come and learn about these wonderful creatures and have an opportunity to touch or hold them.	£10	TP 1925	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Wednesday 24 January	6:30pm — 8:30pm		Personalised bottle - Decorate a Water Bottle to your own style	£10	TP 1926	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Wednesday 31 January	6:30pm — 8:30pm	***	Slime - Love it or loathe it? Make slimy creations and add your own choice of colours and glitter	£10	TP 1927	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Tuesday 07 February	6:30pm — 8:30pm	11'S EATENG OUT DAY	Charnallies - Enjoy a meal out with your friends at one of our favourite restaurants	£28	TP 1928	1-5 Pier Avenue, Clacton CO15 1QB	Includes a main meal and a drink
Tuesday 14 February	6:30pm — 8:30pm	9	Tote Bag - Decorate and personalise your own tote bag	£10	TP 1929	Green Lodge Youth Centre 180 Old Road CO15 3AY	



Term Time Activities - Clacton (Wednesdays) Age 15-18

InterAct

The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Marie Jervis 07813 582614 & Heather Grosu 07722 043830



Date	Time		Activity	Cost		Where to meet	Additional info
			February Half Term Please see back page of the programme				
Wednesday 28 February	6:30pm — 8:30pm	-1	Greetings cards - Create special cards for friends, relations or loved ones.	£10	TP 1930	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Wednesday 06 March	6:30pm — 8:30pm	Sau	Soap - Make your next bath-time special by creating your own soap and taking it home to pop in your bath.	£10	TP 1931	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Wednesday 13 March	6:30pm — 8:30pm	390	Bowling - Can you get a strike?	£20	TP 1932	Pavillion Bowl Marine Parade East Clacton CO15 1PT	Fee covers 2 games of bowling.
Wednesday 20 March	6:30pm — 8:30pm		Crystals - Use science and watch crystals grow.	£10	TP 1933	Green Lodge Youth Centre 180 Old Road CO15 3AY	
Wednesday 27 March	6:30pm — 8:30pm	Bushley	Bubble fun - Who can blow the most or the biggest bubble?	£10	TP 1934	Green Lodge Youth Centre 180 Old Road CO15 3AY	

Term Time Activities - Maldon (Wednesdays) Age 15-18

The Maldon group meet weekly on Wednesdays in term time at Maldon Activity Centre, Carmelite Way, Maldon CM9 5GF All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - Alexis Filer 07506 566841



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Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 10 January	6:00pm — 8:00pm		Board games night - Bring along and play your favourite games with all your friends. We have a selection of games too.	£10	TP 1935	Maldon Youth Centre Carmelite Way CM9 5GF	
Wednesday 24 January	6:00pm — 8:00pm		Marbling fun - make your own unique designs	£10	TP 1936	Maldon Youth Centre Carmelite Way CM9 5GF	
Wednesday 07 February	6:00pm — 8:00pm	CRAFT	Arts & Crafts - Get creative with glue, glitter and all things craft.	£10	TP 1937	Maldon Youth Centre Carmelite Way CM9 5GF	
			February Half Term				
			Please see back page of the programme				
Wednesday 28 February	6:00pm — 8:00pm		Floristry - Make a wonderful flower arrangement to take home to your family.	£10	TP 1938	Maldon Youth Centre Carmelite Way CM9 5GF	
Wednesday 13 March	6:00pm — 8:00pm		Pizza Making - make and bake a pizza with all your favourite toppings.	£10	TP 1939	Maldon Youth Centre Carmelite Way CM9 5GF	
Wednesday 27 March	6:00pm — 8:00pm		Biscuit making - make some shortbread together	£10	TP 1940	Maldon Youth Centre Carmelite Way CM9 5GF	9

Term Time Community Activities - Mid (Wednesdays) Age 8-14 & 15-18 InterAct

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator - Alexis Filer 07506 566841



Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 17 January	Evening activity time TBC	0	Bowling - Chelmsford City. Join your friends for a fun night of bowling.	£TBC	TP 1941	Meet at Maldon Morrisons CM9 6GG	Meet at Chelmsford City Bowl CM1 1RB
Wednesday 31 January	Evening activity time TBC	E	Air Hop/Jump Street - a fabulous world of trampolining fun.	£TBC	TP 1942	Meet at Maldon Morrisons CM9 6GG	Meet At Jump Street Dukes Park, CM2 6UA
Wednesday 14 February	6:00pm — 8:00pm	Rospas	Kaspa's desserts - How will eat yours? Crepes, waffles of a truly scrumptious milkshake.	£14	TP 1943	Meet at Maldon Morrisons CM9 6GG	Meet at Kaspa's Desserts CM2 6FA
			February Half Term Please see back page of the programme				
Wednesday 06 March	Evening activity time TBC	ABOA	Clip N Climb Namco - Can you get the top!	£17	TP 1944	Meet at WH Chelmsford CM1 2QE Morrisons Maldon CM9 6GG	Meet at Braintree Freeport CM77 8YH
Wednesday 20 March	Evening activity time TBC	BURN	Back Yard Golf - Indoor crazy golf fun	£14	TP 1945	Meet at Maldon Morrisons CM9 6GG	19-21 Springfield Rd, CM2 6JB

Term Time Activities — Chelmsford COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood YC, Watchhouse, CM2 8PT Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity Activity Coordinator — Mandy Pond 07535 855431

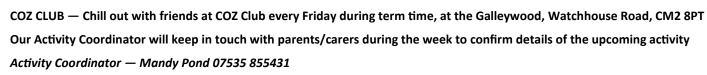




Date	Time		Activity	Cost		Where to meet	Additional info
Friday 12 January	5:30pm — 8:30pm	***	Trio of Desserts - we will make 3 different yummy desserts . Which will be your favourite,?	£10	TP 1946	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 19 January	5:30pm — 8:30pm	The Carl	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends. Karaoke Night - for those not doing the Yes Chef programme	£10	TP 1947	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 26 January	5:30pm — 8:30pm	CREEK	Fun Craft Session with Kat - by popular request, Kat will be coming back to do a craft session with us.	£10	TP 1948	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 02 February	5:30pm — 8:30pm	Sal Sal	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends. Pamper Session - for those not doing the Yes Chef programme. Including temporary tattoo's, nail painting and face masks!	£10	TP 1949	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 09 February	5:30pm — 8:30pm		Valentines Craft and Pancakes - make some tasty pancakes to celebrate Pancake Day and some fun crafts to celebrate Valentine's Day!	£10	TP 1950	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 16 February	5:30pm — 8:30pm	Sin Coult	"Yes Chef"- Come and cook up a gourmet meal, and share with your friends. Ping Pong, Darts and other silly games in the hall - for those not doing the Yes Chef programme	£10	TP 1951	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	



Term Time Activities — Chelmsford COZ Club (Fridays)







Date	Time		Activity	Cost		Where to meet	Additional info
			February Half Term Please see back page of the programme				
Friday 01 March	5:30pm — 8:30pm	Sky Chall	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends. Make a Birdfeeder - for those not doing the Yes Chef programme	£10	TP 1952	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 08 March	5:30pm — 8:30pm	Cres	Therapy Gym - Comes to Coz. A fitness instructor will be putting us through our paces with some fun exercises!	£10	TP 1953	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 15 March	5:30pm — 8:30pm	Single Si	"Yes Chef" - Come and cook up a gourmet meal, and share with your friends. Board Games Night—For those not doing the Yes Chef programme	£10	TP 1854	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 22 March	5:30pm — 8:30pm	懿	Decorate a T-shirt - you provide the plain t-shirt (new or old) and we will provide the fabric pens/paints etc so you can create your very own t-shirt design!	£10	TP 1955	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	



InterAct's February half term holiday activities 8-18 years



					Minihua Diakuna /	Additional
Date		Activity	Cost	Ref	Minibus Pickups / Meeting points	Additional info
Tuesday 20 Feb	Golf Day 2023	Golfing Day with a professional player & lunch at Lexden Wood Golf Club in Colchester - Join your friends for a fun day on the golf Course with a professional player including lunch. Even if you've never played or need to improve your swing, it'll a be a great day out.	£20	HP 477	Minibus from Braintree Freeport CM77 8YH Maldon Morrisons CM9 6GG Chelmsford WHBC CM1 2QE Meet at Colchester CO3 4AU	Lunch is included
Wednesday 21 Feb		Battersea Power station - A visit to the amazing Battersea power station including a trip up the tower on lift 109 for the ultimate view across London. Enjoy a lunch from one of the many restaurants. A truly wonderful experience	£45	НР 478	Minibus from Colchester Stadium, United Way CO4 5UP Minibus from Chelmsford Waterhouse Centre, Chelmsford, CM1 2QE	We will have lunch (included) at the venue
Thursday 22 Feb		Ninja Warrior Colchester & Colchester Castle visit- Have some fun bouncing around and testing your abilities at Ninja warrior. Will you make the Wall? Followed by a wonderful afternoon around Colchester Castle.	£37	HP 479	Minibus from Clacton, Martello's Car Park, CO15 1AH Colchester Stadium, United Way CO4 5UP	Please bring a packed lunch, snacks and drinks
Friday 23 Feb		Game box & Puttshack - Indoor golf activity at its very best. With a visit to the amazing immersive Gamebox interactive gaming.	£42	HP 480	Minibus from Colchester Stadium, United Way CO4 5UP Minibus from Chelmsford Waterhouse Centre, , CM1 2QE	Please bring a packed lunch, snacks and drinks

February half term activities will be available to book from January .So please be quick to reserve your places and avoid disappointment.

We can only offer a refund on holiday activities when the activity is fully booked and if we are we are able to fill your place

To cancel, please email cancellations@interact.org.uk Times/info will be sent out via email & a text the day before