

If you have access to a printer, print and cut up the cards below. Discuss with your young person each scenario. Then ask them to choose the correct medicine or item they would need to buy to help.

You have a chesty cough what medication could you use to feel better?



You have a headache, what medication could you use to make you feel better?



You have a hay fever, what medication could you use to make you feel better?



You have a small cut on your finger, what would you buy to cover it up?



You have a sore throat, what medication could you use to make you feel better?



You have a cold and blocked up nose, what medication could you use to make you feel better?



If you have access to a printer, print and cut up the cards below. Discuss with your young person each scenario. Then ask them to choose the correct medicine or item they would need to buy to help.

You have sprained your ankle, what could you buy to support it?



You have a diarrhoea, what medication could you use to make you feel better?



You have a skin rash, what medication could you use to make it better?



You have dry, itchy eyes, what medication could you use to make it feel better?



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You have a blocked ear and you can see some wax, what medication could you use to make it better?



You have a mouth ulcer, what medication could you buy to make to feel better?



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|  <p>NO. 742 JL JULONG SPORTS GOODS JULONG ANKLE SUPPORT</p> |  <p>Imodium Instants Loperamide hydrochloride Dissolves instantly on the tongue for on-the-go relief of diarrhoea 6 Orodispersible Tablets</p> |
|  <p>Relieves Itch Fast Strongest Itch Medicine without a Prescription DOCTORS #1 ITCH MEDICINE RECOMMEND 2 oz Value with Healing Aloe Skin irritation & Itchiness Inflammation & Redness Insect Bites, Poison Ivy Absorbs Quickly with Healing Aloe Cortizone-10 MAXIMUM STRENGTH 1% Hydrocortisone Acetate CREME Net wt 2oz (56 g)</p> |  <p>Optrex Soothing EYE DROPS For itchy eyes Relieves irritation caused by pollen, pet hair & dust mites contains natural plant extracts</p> |
|  <p>Otex EAR DROPS CLINICALLY PROVEN Dual action to help remove hardened ear wax Reduces the need for syringing Easy squeeze bottle Otex EAR DROPS urea hydrogen peroxide 5% w/w</p> |  <p>bonjela Fast acting gel for teething and mouth ulcers 15g Fast acting gel for teething and mouth ulcers SUGAR FREE bonjela Fast acting gel for teething and mouth ulcers 15g Th. Reg. no. 2057/42</p> |