THRIFTWOOD COLLEGE MEALS MENU

Week 1 - Week commencing 6th December 2021

Monday	Tuesday	Wednesday	Thursday	Friday
HOT OPTIONS				COLD OPTION ONLY
Hot Sausages in a Roll		Cheese and Tomato Pizza		PRE-ORDERED PACKED LUNCH
VEGETARIAN HOT OPTION				W. 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Hot Meat-Free Sausages in a Roll		See Hot Option		Wholemeal Roll with a filling choice of either: Home-cooked Ham Cheese Tuna Mayo
JACKET POTATO				Egg Mayo
Jacket Potato with:	Jacket Potato with:	Jacket Potato with:	Jacket Potato with: Cheese Baked Beans Tuna Mayo (Choose up to two fillings)	 Choice of fruit: Apple Pear Easy peel Orange
COLD OPTIONS				• Yogurt
 Wholemeal Roll Filling choice of either: Home-cooked Ham Cheese Tuna Mayo Egg Mayo 	 Wholemeal Roll Filling choice of either: Home-cooked Ham Cheese Tuna Mayo Egg Mayo 	 Wholemeal Roll Filling choice of either: Home-cooked Ham Cheese Tuna Mayo Egg Mayo 	Wholemeal Roll Filling choice of either: Home-cooked Ham Cheese Tuna Mayo Egg Mayo	 Choice of sweet treat Home-made Cookie Cake Drink choice: Apple juice Orange juice
DESSERT OPTIONS				Water
Fruit Platter and Yoghurt	Fruit Platter and choice of dessert	Fruit Platter and choice of dessert	Fruit Platter and Ice lolly	

- Salad bar available Mon-Thurs
- Fresh Fruit Platter available Mon-Thurs
- Choice of Fruit juice or water available Mon-Thurs

ALLERGY INFORMATION IS AVAILABLE FROM THE CAFÉ