

Home College Timetable Guide					
Time	Mon	Tues	Weds	Thurs	Fri
8:00-9:00	<ul style="list-style-type: none"> • Wash • Breakfast including a hot drink • Clean Teeth • Change into sport clothes 	<ul style="list-style-type: none"> • Wash • Breakfast including a hot drink • Clean Teeth • Change into sport clothes 	<ul style="list-style-type: none"> • Wash • Breakfast including a hot drink • Clean Teeth • Change into sport clothes 	<ul style="list-style-type: none"> • Wash • Breakfast including a hot drink • Clean Teeth • Change into sport clothes 	<ul style="list-style-type: none"> • Wash • Breakfast including a hot drink • Clean Teeth • Change into sport clothes
9:00-9:30	Joe Wicks work out On YouTube	Joe Wicks work out On YouTube	Joe Wicks work out On YouTube	Joe Wicks work out On YouTube	Joe Wicks work out On YouTube
9:30 – 11:00	<ul style="list-style-type: none"> • Shower & get changed • Switch phones & TV off • English Task • Wash hands 	<ul style="list-style-type: none"> • Shower & get changed • Switch phones & TV off • English Task • Wash hands 	<ul style="list-style-type: none"> • Shower & get changed • Switch phones & TV off • English Task • Wash hands 	<ul style="list-style-type: none"> • Shower & get changed • Switch phones & TV off • English Task • Wash hands 	<ul style="list-style-type: none"> • Shower & get changed • Switch phones & TV off • English Task • Wash hands
11:00-1:30	Break/ Snack/Screen time				
11:30-1:00	<ul style="list-style-type: none"> • Switch phones & TV off • Maths Task • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off • Maths Task • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off • Maths Task • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off • Maths Task • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off • Maths Task • Wash Hands
1:00-2:00	Lunch/screen time				
2:00-3:00	<ul style="list-style-type: none"> • Switch phones & TV off Choose from this list:- <ul style="list-style-type: none"> • Art • Science • Life Skills • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off Choose from this list:- <ul style="list-style-type: none"> • Art • Science • Life Skills • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off Choose from this list:- <ul style="list-style-type: none"> • Art • Science • Life Skills • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off Choose from this list:- <ul style="list-style-type: none"> • Art • Science • Life Skills • Wash Hands 	<ul style="list-style-type: none"> • Switch phones & TV off Choose from this list:- <ul style="list-style-type: none"> • Art • Science • Life Skills • Wash Hands